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Russia to annex four occupied Ukraine regions today

KYIV: The Kremlin says the four regions of Ukraine that held referendums on joining Russia will be incorporated into the country on Friday. Russian President Vladimir Putin will attend a ceremony at the Kremlin during which the regions will be officially folded into Russia. The heads of the four regions where the five-day voting wrapped up on Tuesday will sign treaties to join Russia at St. George's Hall.

Government of Rajasthan

I M Shakti

Confidence & Pride of every Women

UDAAN

Announcement in the State Budget
For all the Girls and Women of the State

Resolution of Free Distribution of Sanitary Napkins

"Menstruation is a normal natural process in women. Today we are living in the 21st century. Now we should openly discuss about menstruation. Women should talk about this in the family without any hesitation. We have started the scheme of free distribution of sanitary napkins. This scheme will prove to be an important step towards women empowerment."

Ashok Gehlot, Chief Minister, Rajasthan

Why sanitary napkins are important

Lack of awareness about menstruation exposes the backwardness and mental conservativeness of the society. Educating girls and women about menstruation and most importantly, easy availability of sanitary pads is a praiseworthy initiative.

Dr. Sudhir Bhandari
Vice Chancellor, Rajasthan University of Health Sciences, Jaipur

Not using sanitary napkins or pads during periods can lead to urine infection, cervix infection, infection in the fallopian tubes and ovaries, infertility (infertility) and even cervical cancer. The free distribution scheme of sanitary napkins the state government is no less than a boon.

Dr. Pushpa Nagar
Sr. Prof., Dept. of Gynaecology and Obstetrics, Sawai Man Singh Medical College, Jaipur

Rajasthan Sanwad

According to a study, about 62% of women in the country use cloth instead of sanitary napkins during their periods. Use of unhygienic items during periods can also lead to serious diseases like cancer. Therefore, it is very important to use of sanitary napkins.

12 Sanitary napkins per month are distributed free of cost to women through Anganwadi centres and Schools in the State

Department of Information & Public Relations, Rajasthan